## **November 2024**

## Level 3 Calendar

Level 3 Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Programs are subject to change based on Outbreak Status*	e				<b>1</b> 9:45 Exercise (CR) 10:30 Hymn Sing (CR) 1:30 Swatterball (CR) 3:00 Walks and Talks 6:30 Ring Toss (CR)	<b>2</b> 1:30 Shuffleboard (CR)
<b>3</b> 1:30 Sunday Hymns (CR) 3:30 Lawn Darts (CR)	<ul> <li>4</li> <li>9:45 Exercise (CR)</li> <li>10:30 Beauty Boutique</li> <li>10:30 Bible Study with Bud (H)</li> <li>1:30 Homewide Bingo (MH)</li> <li>3:00 Visits</li> </ul>	<ul> <li>5</li> <li>9:30 Grandpals with YMCA Daycare (CR)</li> <li>10:30 Trivia Morning (CR)</li> <li>1:30 Tablebowling (CR)</li> <li>3:00 Walks and Talks</li> <li>5:45 Connect 4 (CR)</li> </ul>	<ul> <li>6</li> <li>9:45 November Word Twist (CR)</li> <li>10:30 Hangman (CR)</li> <li>1:30 Afternoon Visits</li> <li>2:30 Grandpals with Holy Cross School (MH)</li> <li>5:45 Yahtzee (CR)</li> </ul>	<ul> <li>7</li> <li>9:45 Swatterball (CR)</li> <li>10:30 Sing Along (CR)</li> <li>1:30 Grandpals with Brantford Christian School (MH)</li> <li>3:00 Bedside Visits</li> <li>6:30 Horse Races (CR)</li> </ul>	<ul> <li>8</li> <li>9:45 Exercise (CR)</li> <li>10:30 Hymns with Cynthia (MH)</li> <li>1:30 Mocktail Club with Just Us (MH)</li> <li>3:00 Walks and Talks</li> <li>6:30 Kerplunk Game (CR)</li> </ul>	<b>9</b> 10:45 Plinko Game (CR)
10 9:45 Church Service with Rev. Ron Birkett (MH) 3:30 Wheel of Fortune (CR)	11 10:00 Remembrance Day Service (MH)	12 Decorating Day	<ul> <li>13</li> <li>9:30 Beauty Boutique</li> <li>10:30 Roman Catholic Mass (MH)</li> <li>1:30 Left Center Right Game (CR)</li> <li>2:30 Social (CR)</li> <li>5:45 Music and Movement (CR)</li> </ul>	<b>14</b> 9:45 Swatterball (CR) 10:30 Hymn Sing (CR) 1:30 Snakes and Ladders (CR) 3:00 Bedside Visits 6:30 Question Jenga (CR)	<ul> <li>15</li> <li>9:45 Exercise (CR)</li> <li>10:30 Chair Dancing (MH)</li> <li>1:30 Mocktail Club with Dave Souliere (MH)</li> <li>3:00 Walks and Talks</li> <li>5:45 Washer Toss (CR)</li> </ul>	<b>16</b> 9:00 St. Joe's Christmas Bazaar 1:30 Ball Toss (CR)
<b>17</b> 9:45 Church Service with Rev. Larry Amiro (MH) 1:30 Uno (CR) 3:30 Horse Shoes (CR)	189:45Exercise (CR)10:30Beauty Boutique10:30Bible Study with Bud (H)1:30Homewide Bingo (MH)3:00Visits5:45Tablebowling (CR)	<ul> <li>19</li> <li>9:30 Grandpals with YMCA Daycare (CR)</li> <li>10:30 Mind Joggers (CR)</li> <li>1:30 Men's Group (MH)</li> <li>3:00 Walks and Talks</li> <li>5:45 Yahtzee (CR)</li> </ul>	<ul> <li>20</li> <li>9:30 Morning Stretch (CR)</li> <li>10:30 Drum Fit (MH)</li> <li>1:30 Baking &amp; Trivia (CR)</li> <li>1:45 Food Committee Meeting (MH)</li> <li>2:30 L3 Recreation Meeting (CR)</li> <li>6:30 Hand Massages</li> </ul>	<ul> <li>21</li> <li>9:45 Swatterball (CR)</li> <li>10:30 Sing Along (CR)</li> <li>1:30 Birthday Party with Jim Young (MH)</li> <li>3:00 Bedside Visits</li> <li>5:45 Hoops Game (CR)</li> </ul>	<ul> <li>22</li> <li>9:45 Exercise (CR)</li> <li>10:30 Hymn Sing (CR)</li> <li>1:30 Mocktail Club with Wally Maggs (MH)</li> <li>3:00 Walks and Talks</li> <li>6:30 Family Feud Trivia (CR)</li> </ul>	<b>23</b> 9:45 Word Games (CR) 3:30 Name that Tune (CR)
24 9:45 Church Service with Michelle (MH)	<ul> <li>25</li> <li>9:45 Exercise (CR)</li> <li>10:30 Beauty Boutique</li> <li>10:30 Bible Study with Bud (H)</li> <li>1:30 Dice Roll (CR)</li> <li>3:00 Visits</li> <li>5:45 Left Center Right Game (CR)</li> </ul>	<ul> <li>26</li> <li>9:30 Grandpals with YMCA Daycare (CR)</li> <li>10:30 Cranium Crunches (CR)</li> <li>1:30 Ball Toss (CR)</li> <li>2:30 Music Fun (CR)</li> <li>5:45 Snakes and Ladders (CR)</li> </ul>	<ul> <li>27</li> <li>9:30 Morning Visits</li> <li>10:30 Roman Catholic Mass (MH)</li> <li>1:30 Prize Bingo (CR)</li> <li>3:00 Short Stories</li> <li>6:30 Shuffleboard (CR)</li> </ul>	<ul> <li>28</li> <li>9:45 Swatterball (CR)</li> <li>10:30 Hymn Sing (CR)</li> <li>12:00 Lunch Club (MH)</li> <li>2:00 Table Games (CR)</li> <li>3:00 Bedside Visits</li> <li>5:45 Bean Bag Toss (CR)</li> </ul>	<ul> <li>29</li> <li>9:30 Channel Control Bus Trip - Sign up with Recreation Staff</li> <li>1:30 Mocktail Club with John Walker (MH)</li> <li>3:00 Walks and Talks</li> <li>5:45 Evening Exercise Class (CR)</li> </ul>	

(CR) - L3 Common Room, (MH) - McMillen Hall, (H) - Hummingbird Way, (HC) - Hummingbird Courtyard **Noelle Nieuwenhuis, Recreation Therapist 519-751-7096 ext. 3048 nnieuwenhuis@sjltc.ca**