




September 2024

Level 3 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45 Church Service with Gary Crosbie (MH) 1:30 Plinko Game (CR) 3:30 Outdoor Visits	2 	3 9:30 Grandpals with YMCA Daycare (CR) 10:30 Beauty Boutique 1:30 Tablebowling (CR) 3:00 Walks and Talks 5:45 Connect 4 (CR)	4 9:45 Exercise (CR) 1:30 Fun Afternoon with Michelle (CR) 6:30 Yahtzee (CR)	5 9:45 Swatterball (CR) 10:30 Music Morning (CR) 1:30 Men's Group with Michelle (MH) 3:00 Bedside Visits 5:45 Lawn Darts (CR) 6:30 Hand Massages	6 9:45 Exercise (CR) 10:30 Resident Council Meeting (MH) 10:30 Hymn Sing (CR) 1:30 Mocktail Club with Blue Eyed Bill (MH) 3:00 Walks and Talks 6:30 Crokinole (CR)	7 10:45 Shuffleboard (CR)
8 9:45 Church Service with Rev Ron Birkett (MH) 2:30 Sunday Swatterball (CR)	9 9:45 Exercise (CR) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 1:30 Home wide Bingo (MH) 3:00 Visits 5:45 Hoops Game (CR) 6:30 Short Stories	10 9:30 Grandpals with YMCA Daycare (CR) 10:30 Finish the Phrase (CR) 1:30 Left Right Center Game (CR) 3:00 Walks and Talks 5:45 Yahtzee (CR) 6:30 Friendly Visits	11 9:30 Morning Visits 10:30 Roman Catholic Mass (MH) 1:30 Snakes & Ladders (CR) 2:30 Social (CR)	12 9:45 Swatterball (CR) 10:30 Sing Along (CR) 1:30 September Word Twist (CR) 2:30 Hangman (CR) 5:45 Music and Movement (CR) 6:30 Hand Massages	13 9:45 Exercise (CR) 10:30 Hymns with Cynthia (MH) 1:30 Mocktail Club with Jim Young (MH) 3:00 Walks and Talks 6:30 Horse Shoes (CR)	14 1:30 Ring Toss (CR)
15 9:45 Church Service with Rev Larry Amiro (MH) 2:30 Snakes & Ladders (CR)	16 9:45 Exercise (CR) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 1:30 Fall Fair Fun (MH) 3:00 Visits 5:45 Tablebowling (CR) 6:30 Short Stories	17 9:30 Grandpals with YMCA Daycare (CR) 10:30 Mind Joggers (CR) 1:30 Bean Bag Toss (CR) 3:00 Walks and Talks 5:45 Uno (CR) 6:30 iPad Music	18 9:30 Morning Stretch (CR) 10:30 Drum Fit (MH) 1:30 Baking & Trivia (CR) 1:45 Food Committee Meeting (MH) 2:30 L3 Recreation Meeting (CR) 6:30 Games Night (CR)	19 9:45 Swatterball (CR) 10:30 Music Morning (CR) 1:30 Birthday Party with Dave Souliere (MH) 3:00 Bedside Visits 5:45 Left Right Center Game (CR) 6:30 Hand Massages	20 9:45 Exercise (CR) 10:30 Hymn Sing (CR) 1:30 Mocktail Club with Cameron Caton (MH) 3:00 Walks and Talks 5:45 Question Jenga (CR)	21 9:45 Music and Movement (CR) 10:45 Trivia Morning (CR) 1:30 Target Toss (CR) 3:30 Outdoor Visits
22 11:00 Virtual Church Service (MH) 2:30 Horse Races (CR) 3:30 First Day of Fall Colouring (CR)	23 9:45 Exercise (CR) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 1:30 Dice Roll (CR) 3:00 Visits 5:45 Shuffleboard (CR) 6:30 Short Stories	24 10:00 Walmart Bus Trip (Sign up with Recreation) 2:00 Active Game (CR) 3:00 Walks and Talks 5:45 Yahtzee (CR) 6:30 iPad Games	25 9:30 Morning Visits 10:30 Roman Catholic Mass (MH) 1:30 Pow Wow (MH) 5:45 Word Games (CR) 6:30 Friendly Visits	26 9:45 Swatterball (CR) 10:30 Sing Along (CR) 12:00 Lunch Club (MH) 2:00 Trivia Afternoon (CR) 3:00 Bedside Visits 5:45 Cards Night (CR)	27 9:45 Exercise (CR) 10:30 Hymn Sing (CR) 1:30 Mocktail Club with Wally Maggs (MH) 3:00 Walks and Talks 5:45 Kerplunk Game (CR) 6:30 Hand Massages	28 1:30 Just Dance Line Dancing (MH)
29 9:45 Virtual Church Service (MH) 3:30 Lawn Darts (CR)	30 9:45 Exercise (CR) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 1:30 Home wide Bingo (MH) 3:00 Visits 5:45 Evening Racketball (CR) 6:30 Short Stories				*Please check white sheets for any updates or changes*	

(CR) - L3 Common Room, (MH) - McMillen Hall, (H) - Hummingbird Way, (HC) - Hummingbird Courtyard
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