January 2025

Level 3 Calendar

Please check daily white sheets on activity board. Programs may change depending on outbreak status

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Bring on the NEW YEAR!	9:45 Swatterball (CR) 10:30 Sing Along (CR) 1:30 Left Center Right Game (CR) 2:30 Social (CR)	3 9:45 Exercise (CR) 10:30 Resident Council Meeting (MH) 10:30 Hymn Sing (CR) 1:30 Mocktail Club with Jeff Dawdy (MH) 3:00 Walks and Talks 6:30 Hoops Game (CR)	4 10:45 Name that Tune (CR) 2:30 Yahtzee (CR)
5 9:45 Church Service with Gary Crosbie (MH)	9:45 Exercise (CR) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 1:30 Home wide Bingo (MH) 3:00 Visits	7 Undecorating Day 6:30 Washer Toss (CR)	8 9:30 Ball Toss (CR) 10:30 Roman Catholic Mass (MH) 1:30 Afternoon Visits 2:30 Grandpals with Holy Cross School (MH)	9:45 Swatterball (CR) 10:30 Trivia (CR) 1:30 Sunshine Visits with Brantford Christian School (MH) 3:00 Bedside Visits 5:45 Horse Shoes (CR)	9:45 Exercise (CR) 10:30 Hymns with Cynthia (MH) 1:30 Mocktail Club with Dave Souliere (MH) 3:00 Walks and Talks	9:45 Finish the Phrase (CR) 1:30 Winter Colouring (CR) 3:30 Short Stories
9:45 Church Service (MH) 2:30 Snakes & Ladders (CR)	9:45 Exercise (CR) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 1:30 Tablebowling (CR) 3:00 Visits 6:30 Horse Races (CR)	9:30 Grandpals with YMCA Daycare (CR) 10:30 Cranium Crunches (CR) 1:30 Men's Group (MH) 3:00 Walks and Talks 5:45 Ring Toss (CR)	10:30 Morning Visits 10:30 Drum Fit (MH) 1:30 January Word Twist (CR) 1:45 Food Committee Meeting (MH) 2:30 Hangman (CR) 6:30 Hand Massages	 9:45 Swatterball (CR) 10:30 L3 Recreation Meeting (CR) 1:30 Birthday Party with Cameron Caton (MH) 3:00 Bedside Visits 6:30 Lawn Darts (CR) 	9:45 Exercise (CR) 10:30 Hymn Sing (CR) 1:30 Mocktail Club with John Walker (MH) 3:00 Walks and Talks	9:45 Music & Movement (CR) 3:30 Trivia Afternoon (CR)
9:45 Church Service with Rev. Larry Amiro (MH) 3:30 Shuffleboard (CR)	9:45 Exercise (CR) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 1:30 Blue Monday Movie Afternoon (MH) 3:00 Visits 5:45 Bean Bag Toss (CR)	9:30 Grandpals with YMCA Daycare (CR) 10:30 Mind Joggers (CR) 1:30 Yahtzee (CR) 3:00 Walks and Talks 6:30 iPad Fun	9:30 Ball Toss (CR) 10:30 Roman Catholic Mass (MH) 1:30 Baking (CR) 2:30 Finish the Phrase (CR) 5:45 Darts Game (CR)	9:45 Swatterball (CR) 10:30 Hymn Sing (CR) 1:30 Prize Bingo (CR) 3:00 Bedside Visits	9:45 Exercise (CR) 10:30 Chair Dancing (MH) 1:30 Mocktail Club with Wally Maggs (MH) 3:00 Walks and Talks 6:30 Wheel of Fortune (CR)	25 1:30 Hoops Game (CR)
9:45 Church Service with Michelle (MH) 1:30 Tablebowling (CR) 3:30 Sunday Sing Along (CR)	9:45 Exercise (CR) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 1:30 Dice Roll (CR) 3:00 Visits	9:30 Grandpals with YMCA Daycare (CR) 10:30 Tuesday Trivia (CR) 1:30 Snakes and Ladders (CR) 3:00 Walks and Talks 6:30 Hand Massages	9:45 Scattergories (CR) 10:30 Word Twist (CR) 1:30 Winter Craft (CR) 2:30 Social (CR) 5:45 Yahtzee (CR)	9:45 Swatterball (CR) 10:30 Morning Music (CR) 12:00 Lunch Club (MH) 2:00 Left Center Right Game (CR) 3:00 Bedside Visits 5:45 Family Feud (CR)	9:45 Exercise (CR) 10:30 Hymn Sing (CR) 1:30 Mocktail Club with Barry Mombourquette (MH) 3:00 Walks and Talks	

(CR) - L3 Common Room, (MH) - McMillen Hall, (H) - Hummingbird Way, (HC) - Hummingbird Courtyard Noelle Nieuwenhuis, Recreation Therapist 519-751-7096 ext. 3048 nnieuwenhuis@sjltc.ca

