



Resident Family Newsletter

August 2024

Vintage Car Show a big hit with residents

Blessed with a sunny day and pleasant temperatures, many of our residents and their caregivers took the opportunity to enjoy St. Joseph's Annual Vintage Car Show on Thursday, July 25th.

Whether it was the Ford Fairlane, the Chevrolet Corvair, Dodge Coronet or one of the many other fine classic models exhibited by the Piston Pushers Car Club, residents thoroughly enjoyed the trip down memory lane.

A majority of the cars on display were vintage cars from the 50s and 60s, a time when many of our residents were in their teens and 20s, a time when they came of age for a driver's licence and enjoyed the associated newfound freedoms.

Resident Michelle Smedes (pictured in the red Jeep) says "Donna Black, my co-resident had a great display of Avon items and Hillary, our volunteer, had lots of soaps. The food was great and I enjoyed the hot dog. I am looking forward to the event next year!"

In addition to the showcase of classic vehicles, the event featured vendor tables from local sellers, raffle draws by Family Council plus great eats such as barbecued hot dogs, fresh popcorn and ice cream treats prepared by SJLCB WeTeam staff, students and volunteers.

The event was open to the public and people of all ages turned out to view the sights, including Akpos Obodo and

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Hensil Tellis, Conestoga College students enrolled in the school's Health Administration program, who were attending the event for the first time. The classmates shared that they saw the event as a great opportunity to learn more about one of Brantford's long-term care homes and take in some local culture.



Akpos, an international student from Nigeria shared that he was attracted to the event as a vintage car enthusiast but was blown away by the property's gorgeous gardens.

"I had no idea these beautiful gardens existed in this community, right in the middle of the city!" he shared.

Hensil, an international student from India who was raised in the Catholic faith shared that she felt an instant connection to her home at seeing statues of St. Joseph and St. Anthony in the gardens.

"This was a fun event. I really enjoyed the cars and managed to do a little shopping. I was not expecting to see these incredible gardens! What a beautiful place you have for your residents!" she shared.

SJLCB staff and family council wish to extend a thank you to all who attended, as well as vendors, volunteers and vintage car owners who contributed to the event.

CALL FOR VENDORS

St. Joseph's Lifecare Centre Annual
HOLIDAY BAZAAR

NOVEMBER 16

SATURDAY 9 A.M. - 2 P.M.

99 WAYNE GRETZKY PARKWAY, BRANTFORD
OPEN TO THE PUBLIC • FREE PARKING

Cost: \$25 for 6 ft. table and two chairs, plus a gift item for our door prize draws.
Interested vendors please email completed application to Shelley Murray at smurray@sjltc.ca.
Click on this graphic to download the application.

BBQ UPGRADES
August 21, 28 & Sept 4
Sponsored by
Family & Resident Councils

ST. JOSEPH'S
Lifecare Centre
BRANTFORD

Summer BARBECUE
EVERY WEDNESDAY

August 21: Ground
August 28: Level 3
September 4: Level 1

August BBQ Upgrades!
Thanks to funding received from Family Council and Resident Council, we are pleased to provide the following upgraded meal to residents for upcoming lunchtime BBQs.

Entrée: Steak OR Chicken
Side Dish: Dinner Roll OR Baked Potato & Corn on the Cob
Dessert: Fresh Peaches & Vanilla Ice Cream

Family members wishing to participate can register through Rec Therapy staff in your home area.

Family Council Information Board

St. Joseph's Lifecare Family Council is a member of Family Councils of Ontario, dedicated to the promotion and improvement of health, welfare, quality of life and happiness of all residents of St. Joseph's Lifecare Centre. Family Council is an autonomous, caregiver-led group where members can give and receive ongoing peer support; help form positive partnerships with the home to improve resident-centred care and caregiver supports; learn about the home's operations, policies and rules; bring concerns forward through a collective voice; and advocate on behalf of residents to help improve their quality of life. All family members and caregivers are welcome at all Family Council activities and events.

Answers to Frequently Asked Questions

Q1. Is there a laundry room I can use for resident laundry?

A1. Yes! If a resident/family member chooses to do the resident's own personal laundry, there is a residential washing machine and dryer located on the second floor (down the hall to the left off the elevator). You must bring your own detergent and softener.

Q2. Can I book a room for family gatherings?

A2. Absolutely! If you want to book the Activity Room on your unit for a small family get-together, you can book this through your Recreation Therapist. These rooms are at the end of each unit. Should you want to book McMillen Hall for a larger gathering, this can be arranged through Shelley Murray, Life Enrichment Manager. (smurray@sjlhc.ca) or Ext. 3315)

Got questions? Send them to us at sjlcfamilycouncil@gmail.com and we'll answer them in an upcoming issue.

COMING EVENTS AND COUNCIL MEETINGS

Sunday, August 25, 1:30 p.m. Resident & Family Social in McMillen Hall. Bring your loved one and join in the fun and meet others.

Tuesday, August 27, 1:30 p.m. Family Council Meeting in the 4th floor boardroom. Receive Important updates, discuss plans for the fall; this is your format to provide input, share ideas & advocate for our residents.

Save the Date: Wednesday, Oct 30 Domino's Pizza Doughraiser for St. Joseph's Long-Term Care. Watch for details in the September issue of the SJLCB Family Newsletter.

Photo moments from last month's Resident / Family Social Event



Residents and family members enjoy a fun game of swatterball. Using various implements, the goal was to keep the balloons in the air as long as possible, providing some valuable physical activity.



Resident Enid & daughter Janice enjoy some quality time together and a fun, interactive game of swatterball.



Resident Gene and wife Hubie enjoyed each other's company and getting to know other families.

When visiting the home, remember to check out the Family Information Board located on the ground floor just before the elevator.

For information on Family Council meetings, programming and activities, please contact: Michelle, Chair 519-802-2951 or Janet, Vice Chair 519-209-8638 or by email at sjlcfamilycouncil@gmail.com

Welcome Susanne Kish, IPAC Associate



Please join us in welcoming Susanne Kish to the St. Joseph's team.

Susanne, in her part-time role as IPAC Associate will work alongside IPAC Manager Katrina Marques, from their office on the 4th floor.

Some of Susanne's interactions with residents and family caregivers will include setting up and facilitating flu vaccine clinics, conducting hand hygiene audits and assisting with education in all areas related to infection control and prevention.

Susanne brings a wealth of knowledge from her experience within the healthcare sector, having spent time at McMaster Children's Hospital, St. Mary's, and Grand River Hospital.

Susanne was recently a manager of a COVID clinic and project lead at St. Mary's. She has a background in nuclear medicine technology.

Susanne makes her home in Kitchener and is looking forward to getting to know the Brantford community and our residents and their families.

Please feel free to stop by the office to say "Hello" or take a moment to introduce yourself to Susanne when you see her on the units.

Welcome aboard, Susanne!



St. Joseph's Lifecare is a Scent-free Facility

Due to a number of allergies among the resident and staff populations, we greatly appreciate your adherence to this important policy. Please refrain from wearing perfumes and other strong fragrances or spraying fragrances when in the home.

Congratulations to KELSEY BARKER August Star of the Month



Congratulations to Kelsey Barker from our housekeeping team! Kelsey was nominated by work colleague Terrisa Lajoie who shared:

"Kelsey comes to work every day with a smile and positive attitude. She never hesitates to lend a helping hand, and shows how much she cares in everything she does. She is an integral part of our St. Joe's family."

Thank you, Kelsey for living our values.

Star of the Month program

Star of the Month is an employee recognition program in which residents, resident family caregivers and staff members nominate individuals who have contributed to the emotional, physical and/or spiritual well-being of others within the home.

Using criteria based on the values outlined in the SJLCB Strategic Plan, each month the *WeTeam* selects a winner from the nominations received. The winner receives a gift card and recognition within the home, on social media and in our monthly publications.

[Click here to nominate a deserving member of our team today!](#)